

## Jane Austen: Feminist by Stealth

Some have described Austen as writing Cinderella stories: poor heroines, with inadequate parents, marry well despite every disadvantage. That all her novels end with marriage has led some to doubt her feminism, or even to conclude that she was anti-feminist. The talk will describe briefly the state of feminism in her time, and then illustrate how its controversial political status shaped the ways she expressed her views.

Join us for a program led by **June Zaccone** (Bldg. II) on **June 20, 7:00 PM** in the **MRHS Tuttle Center, 100 La Salle, #MC**.

*June Zaccone* is a political economist with a range of interests. She and two colleagues presented a course on Austen for a life-long learners group. This subject was prepared for that course, which included reading *Pride and Prejudice* and *Emma*.

## Summer Ice Cream Social

MRHS and MGCA will be offering an ice cream social to the Morningside Gardens community on **Thursday, June 23 from 6:30 to 8:30 PM** in the plaza in front of building II. We hope this will be a fun intergenerational event to celebrate summer 2016.

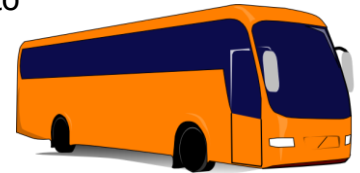
MRHS Board members and staff and representatives from MGCA will be present to provide information, but the main focus of the event will be fun and fellowship! ***Everyone is invited to attend including, of course, children of all ages!***

## Kykuit: The Rockefeller Estate And Lunch at Philipsburg

Join MRHS for a visit to

### **Kykuit: The Rockefeller Estate.**

Kykuit is a preeminent Hudson Valley landmark. For architecture, remarkable gardens, art, history, and spectacular scenery, a trip to Kykuit is simply amazing. This hilltop paradise was home to four generations of the Rockefeller family, beginning with the philanthropist John D. Rockefeller, founder of Standard Oil.



Your tour will take you to the main rooms of the six-story stone house. Then you will move on through the expansive, terraced gardens containing Governor Nelson A. Rockefeller's exceptional collection of 20th-century sculpture. Artists represented include Pablo Picasso, Henry Moore, Alexander Calder, Louise Nevelson, and David Smith, among many others. The underground art galleries with Governor Rockefeller's collection of Picasso tapestries, and the cavernous Coach Barn, with its collections of classic automobiles and horse-drawn carriages, are also part of the experience.

Your guide will share many stories that highlight the lives of Rockefeller family members and their contributions to philanthropy, conservation, business, government, and the arts.

A buffet lunch at **Philipsburg Manor** is included.

**DATE:** Thursday, June 23 **DEPART:** 9:45 AM  
**COST:** \$60.00 **RETURN:** 4:00 PM

## MRHS Recognizes Volunteers

MRHS was happy to honor the following individuals for all their work on behalf of MRHS and the community at our Annual Spring Recognition Luncheon on Monday, May 23 at Columbia University:

- **Lucienne Yoshinaga**
- **Lotte Strauss**
- **Former MRHS Board Officers**
  - **Rita Pullium**
  - **Margaret Johnson**
  - **Kate Dunn**

Also recognized was former MRHS President **Phyllis Johnson**, who passed away this past winter. Phyllis received a posthumous award from MHHC for her community service at the MHHC Annual Meeting on May 18.

### Summer: Use MRHS Services

As the heat of summer begins, safeguard your health by using MRHS Shopping and Laundry Services. Every Tuesday the MRHS Health Aide does shopping for people who need help. On Thursdays, the Health Aide will do your laundry. Just call Marie Phillips at 212-666-4000 one day before you would like the services. On the day you requested the service, the Health Aide will call you to let you know what time she will be at your apartment.

## The Morningside Players Present *The Country House*

The MG Players' new production is by Pulitzer Prize winning playwright *Donald Margulies*. The Wall Street Journal called it "One of the most satisfying new American plays to reach Broadway in the past decade..." Production of ***The Country House*** begins on May 26 and continues through June 12. Thursday, Friday, Saturday evenings at 7:30 PM and Sunday matinees at 3:00 PM. Tickets are \$15 (\$12 for seniors or students) and are available by calling 646-200-5089 or visiting [www.morningsideplayers.org](http://www.morningsideplayers.org).

## Happy June Birthday!!

To: Eileen Canty, Ling-wang Chao, Michael Czajkowski, Mary Davidson, Michael Davidson, Quentin Fletcher, Bea Gottlieb, Bridget Leicester, Ted Leslie, Joan Levine, Norman Levine, Chen Liu, Joan Morford, Betty Reardon, John Seaman, Albert (Robbie) Sheldon, Aline Smith, Tamaara Tabb, George Todd, Ernestine Welch, and Shuli Wu

Do you have a friend, relative, or neighbor in the Gardens who is having a birthday this month? Come and celebrate with MRHS!

People with birthdays in June are all invited to our Birthday Party! Come on **Tuesday, June 21 at 12:30 PM**. MRHS provides coffee, tea, and birthday cake.

## Saturday Afternoon Movies

**June 4 *Guys and Dolls*** (1955) 2 hrs, 30 min  
In New York, a gambler is challenged to take a cold female missionary to Havana, but they fall for each other, and the bet has a hidden motive.

Nominated for four Oscars. With Marlon Brando, Jean Simmons, Frank Sinatra, and Vivian Blaine. Director: Joseph L. Mankiewicz. Rated Approved

**June 11 *Ida*** (2013) 1 hr, 22 min  
In 1960's Poland a young novice on the verge of taking her vows as a Catholic nun is told by her prioress that before she takes her vows, she must meet her only surviving relative, an aunt. The aunt reveals to Ida that her parents were Jewish. Directed by Pawel Pawlikowski, the film won an Academy Award as best foreign film. Black and white, foreign language with subtitles. Rated PG

**June 18 *Macbeth*** (2015) 1 hr, 53 min  
William Shakespeare's play comes to the screen in this film starring Michael Fassbender in the title role and Marion Cotillard as Lady Macbeth. Directed by Justin Kurzel. Rated R

**June 25 *Seven Years in Tibet*** (1997)  
2 hr, 19 min An engaging film based on the real life experience and book written by the egocentric Austrian mountaineer Heinrich Harrer (played by Brad Pitt). The film captures his life in Tibet from 1944-1951 and how he is transformed through his friendship with the young Dalai Lama. Director by Jean-Jacques Arnaud. Rated PG-13

**Movies start at 2:00 PM. Please arrive early. Suggested donation: \$1.00.**

## Just a Reminder

**Tuesday Lunch** – Bring a lunch and join us for terrific conversation every **Tuesday at 12:30 PM** in the Tuttle Center.

**MRHS Sing-Along** – Come to the Sing-Along every **Tuesday at 1:00 PM**.

**MRHS Office Hours** – The following is the MRHS Tuttle Center schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
8 – 6	9 – 6	8 – 6	9 – 6	9 – 6

**Nurse's Hours** – Marie Phillips' schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
9 – 4	9 – 4	9 – 4	9 – 4	9 – 4

**Hypertension Screening on Wednesday,**

June 8 and June 22

from 9:00 AM to 11:00 AM

**The Fairway Shuttle** departs from the bus shelter near 90 La Salle St., Mondays at 1:00 PM and Fridays at 10:00 AM.

**Nurse Marie Phillips' "Take Charge of Your Health"** will meet on **June 30** at 2:30 PM in the MRHS Tuttle Center.

**"Later Life Transitions"** group will resume in the Fall.

The **MRHS Book Club's** next meeting is Wednesday, **June 29** at 3:00 PM. The group will discuss **Black Boy** by **Richard Wright**. Everyone is welcome!

**Great Decisions 2016** program resumes in September with a discussion on Korea.

### **For Your Information**

If you have information that you think will be useful to Morningside Gardens' residents and you want it announced, please send the information to the MRHS office by the third Friday of the month (i.e. Friday, June 17, 2016). Please print clearly or type all information that you want included in the Newsletter. \*

**\*Due to space limitations, it may not be possible to include all information submitted.**

## Neuroscience Wednesdays

For the next installment of *Neuroscience Wednesdays*, Building VI resident and neuroscientist **Madelyne Kraft** will lead a discussion on **"Parkinson's Disease: Causes, Symptoms & Treatments."**



**Wednesday, June 15 at 7:00 PM**

**MRHS Tuttle Center, 100 La Salle, #MC**

Please Note: The series will resume on September 21 with a talk by Tiana Leonard on Autism.

## Dances For A Variable Population

MRHS is excited to offer an inter-generational dance program thanks to the generous support of the UJA Federation of New York and **Dances For A Variable Population**. The program will be done in collaboration with children from the Grant Houses. Participants will do the movements from a chair making it easy for almost everybody to do the exercise.

MOVEMENT SPEAKS® is a series of sequential dance workshops and public performance for people of all ages and abilities promoting access to movement in strong and creative ways. Developed in 2010 by master teacher *Naomi Goldberg Haas* and **Dances For A Variable Population**, the program celebrates the power of community through the experience of dance.

Classes will meet on **June 3, 10, and 17 at 4:30 PM in the Thurgood Marshall Room, 80 La Salle, 1<sup>st</sup> floor.**

## Jobs for Professionals 55+

**InSynergy**, the newly launched nonprofit, full-service staffing agency, is focused on placing 55+ job seekers to work for NY metro companies in full-and part-time positions.

**InSynergy** selects, pre-screens and assesses each candidate to find the appropriate skills, experience and expertise match for any requested role and organization. For more information, please contact [lgold@fedcap.org](mailto:lgold@fedcap.org)

## Men: A Message For You!

We thought you should know that we have a working **MEN's GROUP** at MRHS. The next lunch meeting will take place on **Wednesday, June 8 at 1:00 PM** in the Thurgood Marshall Room, 80 La Salle Street, Ground Floor. The cost of lunch is \$10 payable to MRHS.

**Bill Valentine**, (Bldg. I), our local bird expert, will present on the birds that visit and live at Morningside Gardens. Please contact MRHS at 212 666 4000 if you are interested in joining the June 8<sup>th</sup> lunch meeting.

## Financial Planning Workshop

**Ray Henri** will lead a workshop on the topic, **"How To Avoid Five Mistakes In Retirement Planning."** Mr. Henri will discuss investment strategies that will safeguard your nest egg.

*Ray Henri* is a Registered Principal with Cadaret, Grant & Company. He is a Certified Retirement Financial Advisor (CRFA) and regional director of the American College Foundation. For more than twenty years, Ray Henri has advised business entrepreneurs, professionals and retirees with health and retirement plans.

**Thursday, June 2 at 7:00 PM**  
**MRHS Tuttle Center, 100 La Salle, #MC**

## Get Your Word's Worth!!

On Tuesday, May 17 the Writing from Life Experience class presented their 22<sup>nd</sup> annual reading. This year a record number of 15 participants read a selection from their writings. By all reports it was an excellent program, both moving and entertaining. Congratulations to the writers and their leader, **Susan Willerman**, a teaching artist for *Elders Share the Arts*. To read some of their stories, visit their blog, <http://getyourwordsworth.wordpress.com/>

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**Scaredy Cat**  
**By**  
**Michael S. Davidson**  
**Jan. 19, 2016**

Limo the black  
was a precocious young cat  
who thought she was  
Oh, so smart.

She loved to tell  
how she travelled around  
to all the places  
where she couldn't be found.

She hid in the attic  
and under the beds  
She got into mouse holes  
way off in the shed.

She went into closets  
Way back in the shoes  
Her head in the pumps  
Her rear on the blues.

Then Limo the cat  
who thought she was smart  
got caught on a balloon  
And boy did it pop.

Oh how she howled  
Not a meow  
Not a purr  
Coming out of that shiny black fur.

She ran and she ran  
Till she got to her mother  
and hid in her fur  
scared like her brother.

Oh mommy I'm scared  
I'm not so smart  
Please Mommy protect me.  
from all the things that go pop.

