



Morningside Retirement & Health Services
 Helping Elders. Building Community.

newsletter

Celebrating Our 50th Year!

December 1, 2016
 Vol. XL, No. 12

100 LaSalle Street, NY, NY 10027 (212) 666-4000
www.mrhsny.org

President: Eileen Canty
Executive Director: Ronald Bruno

50th Anniversary Winter Celebration and Silent Auction

Come one, come all to MRHS's 50th Anniversary Winter Celebration! MRHS announces our annual Winter Celebration Fest will take place on **Tuesday, December 13 from 4:00 PM to 7:00 PM**. The festivities take place in the **Recreation Center, basement of 100 LaSalle**.

Residents of all ages, including children, are invited to the celebration!

Entertainment by **Vocal Ease** begins at 6:00 PM. We will have good food and drink, singing, and conviviality. This is a great opportunity for everyone who lives in Morningside Gardens to come and celebrate! MRHS will also be holding a silent auction during the party.

Intergenerational Event To Celebrate the Winter Solstice

Morningside Gardens residents of all ages are welcomed to join the children at the *Children's Learning Center*, 90 La Salle



Street, for a Winter Solstice Celebration. There will be mural painting and then a sing along. The event is set for **Tuesday, December 20 from 11:00 AM to 12:30 PM**. Please RSVP by calling MRHS at 212-666-4000.

***** MRHS is closed on Monday, December 26 for Christmas. *****

***** We wish everyone a Happy Holiday season! *****

MEN: A Message For YOU!

The Men's Group Holiday Luncheon will take place at **Columbia University Faculty House on Wednesday, December 14 at 1:00 PM** (please arrive a few minutes early). Please call 212 666 4000 to RSVP.

The cost to our Men's Group members will be \$15 excluding drinks. Please bring a check payable to MRHS.

The address of the Faculty House is 64 Morningside Drive near 116th Street. The dining room is on the 4th Floor, De Witt Clinton Dining Room.

NOTE: Columbia Faculty House is indeed at 64 Morningside Drive, but you can't get there from Morningside Drive. You have to come in on the north side of 116th Street by Wien Hall.

Great Decisions 2016

Great Decisions meets next on **Tuesday, December 6 at 7:00 PM** with a discussion on



"Cuba and the US." The meeting will take place in the **Thurgood Marshall Room, 80 La Salle, 1st floor**. *Sydney Weinberg* will be facilitator. Reading material for the discussion is available from the MRHS office.

Low Vision Support Group

The purpose of this group is to offer social and emotional support for individuals living with vision impairments. Come join the **Low Vision Group** and help us collaborate on the agenda for the rest of the year. We need your expertise! The first Meetings is set for **Friday, December 2 and December 16 at 2:00 PM**. Please call MRHS at 212-666-4000 to reserve. We also welcome drop in visits.

Assembly Member Daniel O'Donnell Annual Book Drive

The drive is from January through February, 2017. They are accepting all gently worn books for children, Pre-K through High School. Please, NO textbooks or books formerly owned by the Public Library, please. Donations can be left at my door (Bldg 4, Apt 7E) for delivery to the Assembly Member's office.

Alice Lilly
alichelilly659@gmail.com

Experience the Many Cultures Of the Holidays With the Morningside Players

Saturday, December 3, at 5:00 PM and Sunday, December 4, at 3:00 PM at 100 La Salle St. in The Morningside Players Theater Space in the lower level.

Please join us for our holiday special! There will be a short, children's play of the story of Chanukah, and a reading of A CHILD'S CHRISTMAS IN WALES by Dylan Thomas. There will be music, singing and dancing. Refreshments to follow!

Tickets at the door, or reserve at [646-200-5089](tel:646-200-5089).

Laudamus Children's Chorus

Come and enjoy an enchanting hour of Christmas music performed by the *Laudamus Children's Chorus*. Thrill to the beautiful sound of 25 pure, crisp children's voices singing some of the most beloved songs of the Christmas season. The Laudamus Children's Chorus is a volunteer organization open to all kids from the second grade and upwards. Meeting once weekly, the group explores the world of choral music, learns about singing and has a great deal of fun. Visit the website to learn more: www.laudamusnyc.org. Let the hectic pace of the holidays melt away for an hour, **Sunday, December 18, at 3:00 PM in the Recreation Center, Building 100.**

Happy December Birthday!!

To: Alan Cutter, Heber Jones, Kamu Kamadoli, Douglas Knight, Shirley Korn, Gary Lee, Boyd Lowry, Florence Robinson, Reka Schoumaker, Manowar Sikdar.

Do you have a friend, relative, or neighbor in the Gardens who is having a birthday this month? Come and celebrate with MRHS!

People with birthdays in December are all invited to our Birthday Party! Come on **Tuesday, December 20 at 12:30 PM.** MRHS provides coffee, tea, and birthday cake.

Saturday Afternoon Movies

Dec. 3 Love and Friendship (2016)

1 hr, 33 min. Based on Jane Austin's novel, Lady Susan; a wonderful adaptation full of the wit and cynicism of Austin. Directed by Whit Stillman. Enjoy a great film on a Saturday afternoon. Rated PG

Dec. 10 Caves of Forgotten Dreams

(2010) 1 hr, 35 min. Director of Werner Herzog's documentary takes us inside the astonishing Chauvet Cave in southern France where the walls are covered with the world's oldest surviving paintings which may date back as long as 32,000 years ago. A tour not to be missed. Rated G

Dec. 17 Testament of Youth (2014)

2 hr, 9 min. A British drama based on the First World War memoir of the same name, written by Vera Brittain. The film stars Alicia Vikander as Vera Brittain. Directed by James Kent. Rated PG-13

Dec. 24 The Diary of a Country Priest

(1951) 1 hr, 55 min. A frail priest is assigned to a small French provincial town where he slowly is able to help some wayward souls re-find their faith in God, but must soon contend with his own realization that he is dying. Directed by Robert Bresson. In French, English subtitles. Unrated.

Dec. 31 Into the Woods (2014) 2 hr.

A witch tasks a childless baker and his wife with procuring magical items from classic fairy tales to reverse the curse put on their family tree. Best Performance in a Supporting Role, Meryl Streep. Also stars Anna Kendrick, Chris Pine and Johnny Depp as a wolf. Stephen Sondheim (musical). PG

Movies start at 2:00 PM. Please arrive early. Suggested donation: \$1.00.

Just a Reminder

Tuesday Lunch – Bring a lunch and join us for terrific conversation every **Tuesday at 12:30 PM** in the Tuttle Center.

MRHS Sing-Along – Come to the Sing-Along every **Tuesday at 1:00 PM**.

MRHS Office Hours – The following is the MRHS Tuttle Center schedule:

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|---------------|----------------|------------------|-----------------|---------------|
| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
| 8 – 6 | 9 – 6 | 8 – 6 | 9 – 6 | 9 – 6 |

Nurse's Hours – Marie Phillips' schedule:

| | | | | |
|---------------|----------------|------------------|-----------------|---------------|
| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
| 9 – 4 | 9 – 4 | 9 – 4 | 9 – 4 | 9 – 4 |

Hypertension Screening on Wednesday,

Dec. 14 Dec. 28

9:00 AM to 11:00 AM in 549 W. 123rd St. #MD

The Fairway Shuttle departs from the bus shelter near 90 La Salle St., Mondays at 1:00 PM and Fridays at 10:00 AM.

Nurse Marie Phillips' "Take Charge of Your Health" will be held on **Thursday, December 15, at 2:30 PM**.

"Later Life Transitions" group will be announced at a later date.

The **MRHS Book Club's** meets monthly to discuss a noteworthy literary work chosen by the group. Look for notices about the next meeting coming soon. Everyone is welcome!

For Your Information

If you have information that you think will be useful to Morningside Gardens' residents and you want it announced, please send the information to the MRHS office by the third Friday of the month (i.e. Friday, December 16, 2016). Please print clearly or type all information that you want included in the Newsletter. *

***Due to space limitations, it may not be possible to include all information submitted.**

Supper Club

Join us at **Nikko Restaurant on Monday, December 5, at 5:30 PM!** Nikko is located at 1280 Amsterdam Avenue. Morningside Gardens residents are invited to join MRHS interns *Saudia Garnette and Stephanie Reeves* for Asian Cuisine. Experience Hibachi style cooking! RSVP to MRHS at 212-666-4000.



Film Committee News

The MRHS Film Committee would welcome a new member to help with the work of presenting the weekly films. Members are expected to show one film per month. If interested please call the MRHS office at 212-666-4000.

The Cecelia Chorus of New York Holiday Concert

The Cecelia Chorus has donated 10 tickets to MRHS for their annual holiday concert. The program will take place on **Saturday, December 10 at 8:00 PM** at Carnegie Hall. Please contact MRHS at 212-666-4000 to reserve. Tickets will be distributed on first come, first served basis. This year's program is billed "A Bach Family Christmas" and includes J.S. Bach's **Magnificat**.

***** All information, statements, and material contained in the MRHS newsletter, brochures, classes, and programs of any kind are offered in good faith for the general information, education and/or recreation of our clients and other attendees. There is no intent to indicate an implicit or explicit endorsement of any content by MRHS. *****

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