

100 LaSalle Street, NY, NY 10027 (212) 666-4000
www.mrhsny.org

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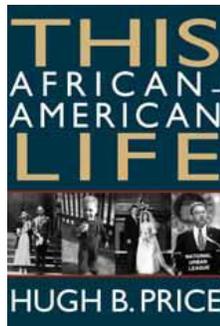
Summer Ice Cream Social

MRHS will be offering an ice cream social to the Morningside Gardens community on **Wednesday, June 28 from 6:30 to 8:30 PM** in the plaza in front of building II. We hope this will be a fun intergenerational event to celebrate summer 2017.

MRHS board members and staff will be present to provide information, but the main focus of the event will be fun and fellowship! ***Everyone is invited to attend including, of course, children of all ages!***

“This African-American Life”

Hugh B. Price discusses his memoir, ***This African-American Life***, which traces his historical lineage; his childhood in the segregated neighborhood near Howard University in Washington D.C.; and his varied and successful careers, such as editorial writer for *The New York Times*; head of the production division at the nation’s largest public television station, and vice president of the Rockefeller Foundation.



From 1994 to 2003, Hugh Price served as president and CEO of the National Urban League. During his tenure, he conceived and launched the League’s Campaign for African-American Achievement; spearheaded pressure on the federal government to combat police brutality and racial profiling; vigorously defended affirmative action, and helped repair frayed relations between the black and Jewish communities.

Join us! *Light refreshments will be served.*

Monday, June 19 at 7:00 PM
The New MRHS Center, 100 La Salle, #MC

The World Of Adoption

Adoptive parenting and grand-parenting has its own complexities. Whether you are already an adoptive parent or grandparent or your children or grandchildren are thinking of adopting, this presentation covers it all. Learn the process of domestic and international adoption and how you can best support family members as they go through each step. Explore what children want to know about their early life and the best way to ask or answer questions from children, family and friends. Bring your questions.

Kathy Ann Brodsky, LCSW, grew up in Morningside Gardens from the age of three and moved back to raise her family in 1979. She is a licensed social worker, adoptive mom and advocate for ethical adoption practice. She has a private practice specializing in adoption, counseling birth and adoptive parents, adoptees and training other professionals in the field. She was Director of the Ametz Adoption Program of JCCA, Head Writer for Adoption.net, a member of the Advisory Board for POV’s Adoption Series, and currently a member of the Adoption Advisory Board of Path2Parenthood. She was named an “Angel in Adoption” by the Congressional Coalition on Adoption in 2001.

Tuesday, June 13 at 3:00 PM
The New MRHS Center, 100 La Salle, #MC

EPIC Speaker Series Finale

Margaret Jo Shepherd and **Ghazala Mehmood** will be speak on ***Seeing Muslim Women Through Western Eyes.***

Margaret Jo Shepherd is Professor Emerita of Education and *Ghazala Mehmood* earned an MA in International Education at Teachers College, Columbia University.

Wednesday, June 14 at 7:00 PM
The New MRHS Center, 100 La Salle, #MC

Printmakers Special Guest Presentation

Jacquelyn Moore-Hill, interior designer and Morningside Gardens resident, will be presenting her new wall-coverings collection to the printmaking workshop sponsored by MRHS. As printmakers we will be interested in design techniques and aesthetics, but everyone is welcome to attend! Freshly baked refreshments will be available.

Thursday, June 1 at 2:30 PM
The New MRHS Center, 100 La Salle, #MC

MRHS Film Committee Presents

First Wednesday Films

Next screening on **June 7 at 7:30 PM**

Featuring:

Manchester by the Sea
(2016) 2 hrs. 17 min.

After a Boston janitor unexpectedly becomes the sole guardian of his 16-year-old nephew, he must come to terms with a past that separated him from his wife and his hometown. Directed by Kenneth Lonergan. Casey Affleck won the 2017 Academy Award for Best Actor for this performance.

The New MRHS Center, 100 La Salle, #MC
\$1.00 suggested donation

Mt. Sinai Program

Through a UJA Federation grant, Mount Sinai Hospital **geriatrician Joyce Fogel, MD**, and **geriatric psychologist Gregory Hinrichsen, PhD**, have been working with the MRHS community on various issues related to aging.

Upcoming programs:

"Depression" - June 8

"Medications and Memory" - June 15

"Brown Bag Med Review" - June 22

"Ask the Doc" - June 29

All programs take place on **Thursdays at 2:30 PM**. *Light refreshments will be served.*

Happy June Birthday!!

To: Eileen Canty, Ling-wang Chao, Michael Czajkowski, Mary Davidson, Michael Davidson, Quentin Fletcher, Bea Gottlieb, Bridget Leicester, Ted Leslie, Joan Levine, Norman Levine, Chen Liu, Joan Morford, Betty Reardon, John Seaman, Albert (Robbie) Sheldon, Alene Smith, George Todd, Ernestine Welch, and Shuli Wu.

Do you have a friend, relative, or neighbor in the Gardens who is having a birthday this month? Come and celebrate with MRHS!

People with birthdays in June are all invited to our Birthday Party! Come on **Tuesday, June 20 at 12:30 PM**. MRHS provides coffee, tea, and birthday cake.

Saturday Afternoon Movies

June 3 *Sophie's Choice* (1982) 2 hr, 30 min
After spending time with his new neighbors in Brooklyn in 1947, aspiring author Stingo realizes Polish refugee Sophie Zawistowska is harboring deep secrets that will forever change him. Stars Meryl Streep. Rated R

June 10 *Miss Sloane* (2016) 2 hr, 12 min
Political thriller. In the hi-stakes world of political power-broker, Elizabeth Sloane (Jessica Chastain) is the most sought after and formidable lobbyist in D.C. But when taking on the most powerful opponent of her career, she finds winning may come at too high a price. Rated R

June 17 *The Official Story* (1985) 1 hr, 52 min
This Argentine drama focuses on Alicia, a high school teacher. She is living a comfortable life with her husband, Roberto, a businessman with ties to the military, and their adopted daughter. The daughter may be the child of people abducted or killed by the government. Not Rated

June 24 *The Tree of Wooden Clogs* (1978)
3 hrs A peasant couple is persuaded by the local priest to send their boy to school in turn-of-the-century northern Italy. His wooden clogs break. To replace them, his father cuts down a small roadside tree owned by the landlord. A poignant and poetic masterwork on rural life. In Italian, with English subtitles. Not rated

Movies start at 2:00 PM. Please arrive early. Suggested donation: \$1.00.

Just a Reminder

Tuesday Lunch – Bring a lunch and join us for terrific conversation every **Tuesday at 12:30 PM** in the New MRHS Center.

MRHS Sing-Along – Come to the Sing-Along every **Tuesday at 1:00 PM**.

MRHS Office Hours – The following is the New MRHS Center schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
8 – 6	9 – 6	8 – 6	9 – 6	8 – 6

Nurse's Hours – Marie Phillips' schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
9 – 4	9 – 4	9 – 4	9 – 4	9 – 4

Hypertension Screening on Wednesday

June 14 June 28

9:00 AM to 11:00 AM

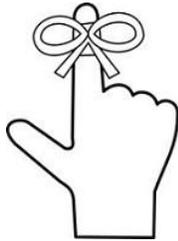
100 La Salle, #MC

The Fairway Shuttle departs from the bus shelter near 90 La Salle St., Mondays at 1:00 PM and Fridays at 10:00 AM.

Nurse Marie Phillips' "Take Charge of Your Health" will be held on **Wednesday, June 21, at 2:30 PM**.

The **MRHS Book Club** meets next on **Wednesday, June 28 at 3:00 PM** to discuss the novel **Strange Fruit** by Lillian Smith. Even if you have only read some of the novel, please consider joining. All welcome!

***** All information, statements, and material contained in the MRHS newsletter, brochures, classes, and programs of any kind are offered in good faith for the general information, education and/or recreation of our clients and other attendees. There is no intent to indicate an implicit or explicit endorsement of any content by MRHS. *****



Community Meeting Scheduled

The Community Committee to Support Refugees invites everyone in Morningside Gardens to a discussion with *The International Rescue Committee (IRC)* on "The Refugee Crisis-The Humanitarian Crisis of the Century." The date is **Monday, June 12 from 7:30 to 9:00 PM** in the Recreation Center, 100 La Salle, basement level.

MEN: A Message For YOU!

The next Men's Group Luncheon will take place in the New MRHS Center, 100 La Salle Street, ground floor on **Wednesday, June 14 at 1:00 PM**. Please call 212 666 4000 to RSVP. The luncheons are a great opportunity to make new friends, learn, and have fun. Men's Group luncheons take place on the second Wednesday of the month.

The cost of the lunch is \$10. Please bring a check payable to MRHS.

History of the Bloomingdale School of Music

Join us as **Erika Floreska**, Executive Director of the Bloomingdale School of Music, discusses the history of the school. The program kicks off with student performers from Bloomingdale playing for the group.



Wednesday, May 31 at 7:00 PM
The New MRHS Center, 100 La Salle, #MC

Film Committee News

The MRHS Film Committee would welcome a new member to help with the work of presenting the weekly films. Members are expected to show one film per month. If interested please call the MRHS office at 212-666-4000.

Essential Advance Planning

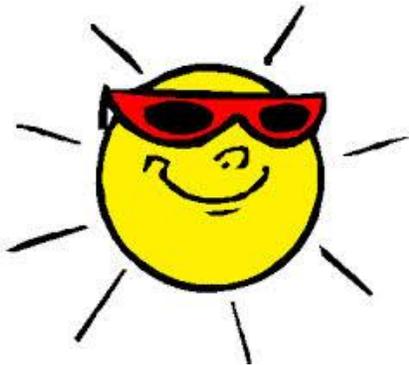
The importance of being prepared in advance should an emergency occur, especially having a health care proxy, cannot be emphasized too strongly. As in past years MRHS and the Elder Law Section of the New York State Bar Association invite you to participate in "Decision-Making Day."

Attorney **Frank Colella**, will discuss wills, advance directives, the New York Health Care Proxy, the living will, powers of attorney, and procedures for organ donation. By preparing, you can ensure that your wishes are met in an emergency.

Friday, June 2 at 1:00 PM
The New MRHS Center, 100 La Salle, #MC

Summer: Use MRHS Services

As the heat of summer begins, safeguard your health by using MRHS Shopping and Laundry Services. Every Tuesday the MRHS Health Aide does shopping for people who need help. Please call MRHS at 212-666-4000 to arrange for Laundry service. On the day scheduled for service, the Health Aide will call you to let you know what time she will be at your apartment.



For Your Information

If you have information that you think will be useful to Morningside Gardens' residents and you want it announced, please send the information to the MRHS office by the third Friday of the month (i.e. Friday, June 16, 2017). Please print clearly or type all information that you want included in the Newsletter. *

****Due to space limitations, it may not be possible to include all information submitted.***

The Morningside Players Present

A Month in the Country

by *Brian Friel*, after *Ivan Turgenev* in May!

Passionate mismatches, jealousy and folly abound in Turgenev's beloved bittersweet comedy, brought to fresh life by the great playwright Brian Friel. It will be directed by Susanna Frazer with set by Mike Mahaney, sound and light design by Patrick Mahaney and costumes by Bridget Leicester. Cast of 12, with guest actors and our own MG favorites!

Suggested donation: \$15 (\$12 for seniors and students.)

Tix at www.morningsideplayers.org
or call (646)-200-5089. Plays May 25 to June 11, Thursdays and Fridays at 7:30 PM, Saturdays at 5:00 PM and Sundays at 3:00 PM.
Don't miss this timeless romantic gem!

Chinese Dance Class

MRHS is offering a ***Chinese Dance Class*** starting in June. The class will run three times per week, one and half hours per session. Usually the class will take place on Monday, Wednesday and Friday from 7:30 PM to 9:00 PM (8:00 PM start on Fridays), except when pre-empted by another program. If a class is canceled, there will be an additional class on Sunday Morning from 10:00 to 11:00AM.

Our teacher is *Lily Chen*, who is a gifted amateur dancer. She has had dance teaching experience in Guan Zhou, China, and taught over 100 styles of dances including Chinese fitness dancing, Square dancing and folk dancing.

If you are interested in this dance class, please join us on **Monday, June 12 from 7:30 PM to 9:00 PM at The New MRHS Center, 100 LaSalle St., 1st floor, #MC.**

Publication of the Newsletter is made possible by a grant from Columbia Community Services.