

COGNITIVE AGING STUDY

Within 25 years, the US population aged 65 and over will double in size to 80 million, bringing with it an epidemic of aging-related cognitive decline that will impair quality of life and functional status and impose an enormous burden on individuals, their families, and the healthcare system. New treatments to prevent or at least slow this progression are urgently needed. In a small study conducted at Columbia University Medical Center, it was found that a dietary intervention – specifically, a cocoa derivative – enhanced learning and memory in older adults.

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A larger and more definitive study, funded by the National Institutes of Health is being conducted to confirm this finding.

If you are an adult in good health between 50 and 69 years old are interested in participating in this study, please call Dr. Richard Sloan, PhD, Professor of Behavior Medicine at Columbia University Medical Center, (646) 774-8952 to determine if you are eligible and to enroll in the study.