

100 LaSalle Street, NY, NY 10027 (212) 666-4000
www.mrhsny.org

President: Robert Hill
Executive Director: Ronald Bruno

MRHS Monthly Film Series

Join us for our monthly, in-person film series. We will be showing a different film **every second Monday of the month at 1:00 PM**. In August, our film will be:

"Christ Stopped at Eboli"
(1979)
3 hours, 40 minutes,
with 10-minute intermission

In 1935, painter, writer, doctor, and anti-Fascist leader Carlo Levi (Gian Maria Volontè) is exiled from Turin to Lucania, a region deep into the instep of southern Italy, a place so isolated and backward that, so outsiders say, even Christ has forsaken it.

Francesco Rosi's sublime adaptation of Levi's memoirs brings a monument of twentieth-century autobiography to the screen with quiet grace and solemn beauty. An elegy of exile and an epic immersion into the world of rural Italy during the Mussolini years. *In Italian, with English subtitles.*

Monday, August 14, at 1:00 PM
MRHS Center, 100 LaSalle St., #MC

MRHS Book Group

The next meeting of the **MRHS Book Group** will take place on **Wednesday, August 23, at 3:00 PM via Zoom**. The discussion is on the classic Italian novel, ***The Betrothed*** by *Alessandro Manzoni*.

For further information please contact MRHS at 212-666-4000 or by email to Margaret Bianchi at margaretb@mrhsny.org.



Cooling Off in a Beautiful Space!

Join us on a private tour of the **Sassoons exhibit** at *The Jewish Museum*.

The exhibit reveals the fascinating story of a remarkable Jewish family, following four generations from Iraq to India, China, and England through a rich selection of works collected by family members over time.

The exhibition highlights the Sassoon family's pioneering role in trade, art collecting, architectural patronage, and civic engagement from the early 19th century through World War II, through over 120 works — paintings, decorative arts, illuminated manuscripts, and Judaica — amassed by family members and borrowed from numerous collections.

Lunch will be served at the lovely Island Restaurant on Madison Avenue right around the corner from The Jewish Museum.

Date: Friday, August 11 **Cost: \$50.00**
Depart MRHS: 10:15 AM **Return: 3:00 PM**

Please RSVP by Tuesday, August 8

To reserve a spot call MRHS at 212-666-4000 or email Robin Aloï at Robina@mrhsny.org.

Ice Cream Social Is Back!

MRHS will once again be offering an ice cream social to the Morningside Gardens community after a three-year hiatus! The Social will take place in the plaza between buildings I and II. The date/time is not yet determined, but it will be in late August in the early evening.

MRHS board members and staff will be present to provide information, but the focus of the event will be fun and neighborliness!

Everyone is invited to attend including, of course, children of all ages!

Financial Planning Programs

MRHS will be hosting two Financial Planning programs in September, one on **Retirement Planning** and the other on **Estate Planning**:

- **September 7, 7:00 PM:**

Maximize Retirement Savings and Avoid Retirement Planning Pitfalls

Build a Financial Plan and Investment Strategy for Volatile Market Conditions. Led by a Certified Financial Planner at Wharton Wealth Planning, **David Rosenstock**.

Review strategies for:

- Protecting Your Investments
- Retirement Planning (including new retirement legislation)
- Risk Management

David Rosenstock, CFP is a Certified Financial Planner and the Director and Founder of Wharton Wealth Planning. He earned an MBA from the Wharton School of Business. David has over 25 years of experience and has contributed to articles on investing and financial planning for CBS News, Forbes, Fortune Magazine, Morningstar, and Business Insider.

- **September 21, 2:00 PM:**

Estate Planning No Matter the Season

Now is the time to dust off your estate documents and reassess your needs, wishes and concerns. The time is ripe for either fine tuning your estate plans or establishing an estate plan for the first time.

This seminar will empower and teach you how to protect your assets (Wills and Trusts, Power of Attorney), plan for future health care options (Health Care Proxy and Medical Directive) and establish an estate planning road map. Your family will be glad you did. When catastrophe strikes, your gift to those you love is preparedness.

Please join Attorney, **Sherri Hughes**, in person at the MRHS Center or by Zoom.

(Please contact Margaret Bianchi at margaretb@mrhsny.org for the Zoom link.)

Sherri Hughes shughes@shugheslaw.com

Happy August Birthday!!

To: Mark Barth, Alan Bentz-Letts, Anne Burley, Monika Butler, Carlotta Damanda, Laila Elder, Corliss Hanson, Marjorie Horton, Robert Komatsu, Dana Minaya, Kathy Sanson, Maria Teusaba, Susan Wersan, Lou Williams, Ralph Kinnard Williams, Yongxiu Yang, and Lucienne Yoshinaga.

The New York State Farmers Market Nutrition Program

If you are 60 years of age or older and have limited income (\$2,248/month or less for a single household, \$3,041/month or less for a two-person household, \$3,833/month or less for a three-person household), come to MRHS to learn if you qualify for vouchers in the amount of \$25 to be used at Farmers Markets.

WIC participants can also qualify for vouchers, which may be used to purchase locally grown fruits and vegetables at nearby farmers markets. Please sign up with social work intern **Jenn Hutton** by calling 212-666-4000 or emailing mrhsintern2@mrhsny.org.

MRHS Afternoon Tea / Board Game Café

Please join us **Friday, August 25 at 2:30 PM** for afternoon tea and light refreshments or else to play board games or cards with other MG residents.

For Your Information

If you have information that you think will be useful to Morningside Gardens' residents and you want it announced, please send the information to the MRHS office by the third Friday of the month (i.e. Friday, August 18, 2023). Please print clearly or type all information that you want included in the Newsletter. *

****Due to space limitations, it may not be possible to include all information submitted.***