MRHS
Morningside Retirement & Health Services
Helping Elders. Building Community.

October, 2025

Dear Neighbors and Friends of MRHS:

Greetings to our Morningside Gardens residents, old-timers and newcomers. If the periodic hold-up on our elevators in Building V is any indication, many new families have moved in during the last year. This is an invitation to them to visit MRHS and participate in one or more of its programs, both to enjoy them and to learn about MRHS.

In the mid-1960's, a group of visionaries living in the Gardens recognized that many of our neighbors were growing older, that our complex of buildings was becoming what has come to be called a "Naturally Occurring Retirement Community," and that it would be great if an organization could be created to help people age in their homes. MRHS seeks to promote the independence of older people and prevent their isolation, and to do this with respect for their dignity and autonomy.

Volunteers and professionals together provide a variety of services for our aging neighbors. A look at our website, www.mrhsny.org and the monthly newsletters shows the astonishing variety of services provided to help older people stay active and socially and mentally engaged. Social workers from MRHS help older people with a variety of casework services. A nurse provides first line medical care.

All this takes money. MHHC provides financial support, as do state and city agencies. Public funds provide the core of our operating funds. Another extremely important source of support for our operations is the donations from all of us living here in the co-op. Kind residents periodically write checks to help provide funds to help MRHS perform its mission. While such acts of generosity are appreciated, MRHS depends for almost a tenth of its operating budget on funds raised through our Annual Appeal. Donations small and large are appreciated. MRHS doesn't take this generosity for granted. Each year, the Board and the staff of MRHS work to make sure that the organization earns your donations by the services it provides.

Attached is a Donation Form for you to fill out and return to MRHS either by mail or in person at our offices. You can also donate online by going to mrhsny.org/donate and scrolling down to the yellow "Donate" button. Please contribute and help us keep Morningside Gardens an outstanding place to live for residents of all ages.

Sincerely yours,

B. "Chandra" Chandrasekaran
President, Board of Directors

I/We want to support MRHS with a tax-deductible gift of $500 ____ $300 ____ $200 ____ $ Other ____

Name(s): _____

Address, City, State: _____ Zip _____

Email Address: _____

This gift is in honor of: _____

This gift is in memory of: _____

I do ***not*** want my name/honorees listed in the MRHS newsletter_____

My employer will match my gift. ____